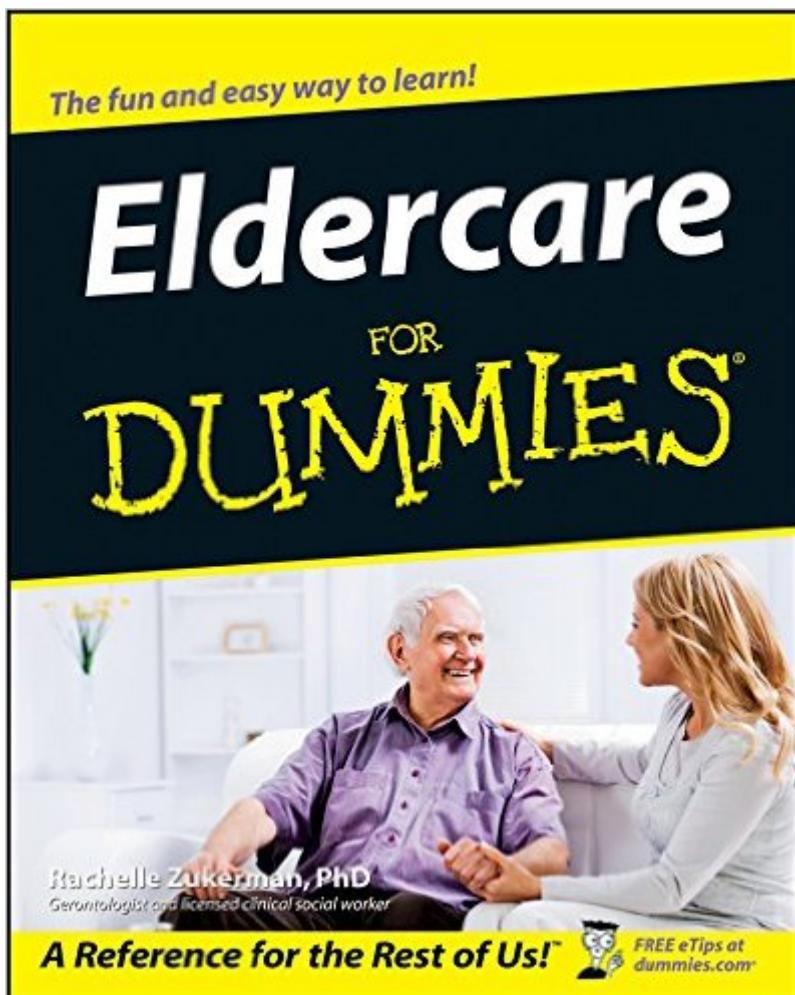


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# Eldercare For Dummies



## **Synopsis**

Cope with legal, financial, and medical issues Minimize anxiety and stress and make the later years golden Need help caring for an elderly loved one? This sensitive, reassuring guide provides strategies for assessing older persons' needs, arranging for care, ensuring their safety, and enhancing quality of life - all while respecting their dignity. You'll see how to manage physical disabilities and chronic health problems, evaluate nursing homes, and help elders control their destinies. The Dummies Way \* Explanations in plain English \* "Get in, get out" information \* Icons and other navigational aids \* Tear-out cheat sheet \* Top ten lists \* A dash of humor and fun

## **Book Information**

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Average Customer Review: 4.6 out of 5 starsÂ See all reviewsÂ (44 customer reviews)

Best Sellers Rank: #188,290 in Books (See Top 100 in Books) #96 inÂ Books > Parenting & Relationships > Aging Parents #494 inÂ Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Services & Welfare #519 inÂ Books > Health, Fitness & Dieting > Aging

## **Customer Reviews**

As a gerontological social worker and teacher of future social workers, I know how very important it is for family members to understand and cope with the issues facing their aging relatives. This book offers current and comprehensive information on all relevant topics, and it's written in a style that will be accessible to every reader. I strongly encourage people to add this to their home libraries ASAP!

From the first page to the last, this guide offers practical, hands-on tips for navigating the maze of eldercare. As our population ages, more and more people find themselves thrust into the role of caregiver for aging relatives--often parents---usually with little or no background to prepare them for this role. Eldercare for Dummies is easy-to-understand, engaging and witty, not overly technical or bogged down with research. Targeted directly to readers who face caring for an aging loved one, it

guides them through assessing the current needs of the senior, choosing and arranging for appropriate care, ensuring safety, and helping to maintain happiness and quality of life.

I purchased this book on a tip from my friend. I was a little skeptical at first because I have been taking care of my elderly father for years and I feel I am a good caregiver and this book is for "dummies". Well I must say I was very impressed. "Eldercare for Dummies" was very informative and kept my interest. I found myself wanting to keep reading to see what positive information I would find on the following pages. **BUY THIS BOOK!** A real pleasure to read and Dr. Zukerman is amazing.

There are a number of references in the eldercare space to choose from. Some are social service case study oriented and can be a little "mushy." Others are highly technical involving legal, financial and tax strategies. "Eldercare for Dummies," however, covers the full issues of aging landscape in an informative, easy-to-read and humorous format. I consider it a "must read" for my clients or for anyone facing the challenges of aging with a family member or loved one.

I made my holiday trip to the bookstore last week. I purchased a copy of Eldercare for Dummies, by Rachelle Zukerman, PhD. The book is packed with light humor and also great tips. I especially liked Chapter 2 with the section on how to help when help is refused. It's great.

I recently met Rachelle at a healthcare meeting and was fasinated after hearing she had written her book. As an owner of a "free" senior placement service, I was anxious to read it and see how else I could advise my clients on such tough matters as eldercare. The book is with me wherever I go. Over the holidays I found myself counseling my own family members on how to talk to their in-laws when they begin to notice the ever changing physical events in their lives. I've only started, so there is so much more to learn. In the meantime, I never open the book without a highlighter in hand. Many thanks Rachelle!

Have an elderly relative? Then you need this book. I got the book when my elderly in-law was still ok - within months she fell and broke a bone and her world fell apart. Having this book on hand has been a terrific guide - it tells you what to expect and then how to deal with it. Dr. Zukerman obviously has experience as well as training in dealing with the older members of our society. The book is written in a clear, easy to negotiate format, and should be part of every home library.

As author of Eldercare for Dummies, I would like to point you to a new film "The Savages" released in December 2007 staring Philip Seymour Hoffman and Laura Linney. "Eldercare for Dummies" is actually reviewed in a scene in which a support group leader talks to her group members about the book endorsing it as "terrific." Great to see my book on the big screen, but more important, this is a film everyone needs to see -- especially children with elderly parents.

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